

Nappy Change Policy

Rationale:

Nappy changing is an important part of infant and toddlers' routines and is viewed at Small World not only as a health and hygiene necessity, but as an opportunity for relationships between teachers and children to develop and grow.

Objectives:

- To ensure that nappy change is a positive emotional experience for every child.
- To ensure that caregiving practices during nappy changing are, at all times, responsive and reciprocal.
- To ensure that nappy change involves effective health and hygiene practices for children and teachers.
- To ensure that every child's nappy needs are responded to promptly.
- To ensure that cultural or family practices around nappy changing are supported by Small World teachers.
- To ensure that all nappy changes are effectively documented.

Procedures:

- Teachers will discuss each child's nappy changing routines and preferences with parents, caregivers and families at transition and support these where practical.
- Children will only have their nappy changed in a designated nappy change area by permanent Small World employees or regular relievers.
- Teachers will explain and forewarn children about each step of the nappy change process before it occurs.
- Teachers will respond positively to children's need for movement throughout the nappy change process.
- Teachers will focus solely on the child (physically and verbally) and the tasks to be completed.
- Children will be invited to participate in the nappy change process as much as they are able (e.g. climbing up and down the stairs, removing clothes, passing wet wipes etc.)
- Nappies will be checked and changed three times per day or as required.
- Nappy changes will be documented (time, wet, dry or bowel motion, etc.) and details of changes will be communicated to parents, caregivers and families at the end of each day
- Each child will have a designated area for the storage of clothes and nappies etc.
- All creams and lotions etc. will be stored out of reach of children
- Vigorous attention will be given to the proper sanitising of nappy and toilet areas at all times
- Vigorous attention will be given to hand washing (both teachers and children) at all times.

Nappy Change Procedure:

1. Ensure that you (the teacher) have everything before you start e.g. gloves, wipes, nappy, lotions etc.
2. Place the child on the mat or encourage the child to climb the stairs.
3. Wear a new, clean pair of disposable gloves.
4. Remove nappy.
5. Use wipes to clean, wiping from the front to the rear.
6. Roll up nappy and place it and reversed disposable gloves in bin.
7. Place on clean nappy.
8. Resettle child in play area or activity they were involved in before nappy change occurred.
9. Wash hands, encourage child to wash hands.
10. Disinfect mat and mat area.
11. Wash hands.
12. Document nappy change.